

**[ NOTES** Releasing the Anger in Your Spirit  
1 Corinthians 13:5 **]**

I. The \_\_\_\_\_ of anger

A. \_\_\_\_\_ no \_\_\_\_\_

Definition: Does not \_\_\_\_\_ ethical or moral  
\_\_\_\_\_ into its being.

B. Not easily \_\_\_\_\_

Definition: Does not \_\_\_\_\_ move toward a riot.

II. The \_\_\_\_\_ of anger

A. Anger \_\_\_\_\_.

1. \_\_\_\_\_ - settled attitude toward sin

a. God's \_\_\_\_\_ is disobeyed

b. God's \_\_\_\_\_ disobeyed

c. God's \_\_\_\_\_ disobeyed

2. \_\_\_\_\_ - outdone

3. \_\_\_\_\_ - outburst of anger

B. Anger \_\_\_\_\_.

1. Bitterness—\_\_\_\_\_

2. Wrath—\_\_\_\_\_ opinion

3. Anger—\_\_\_\_\_ emotion

4. Clamour—\_\_\_\_\_ of \_\_\_\_\_

5. \_\_\_\_\_ — \_\_\_\_\_: malicious activity toward

C. Anger \_\_\_\_\_.

1. \_\_\_\_\_ - through anger—\_\_\_\_\_

2. \_\_\_\_\_ - through fear—\_\_\_\_\_

## How Do I Change?

- 1.
- 2.
- 3.